



Sheryl Winarick



How can we help?

Sheryl Winarick is a U.S. immigration lawyer with over 20 years of professional experience represer a wide range of matters, including employment-based and family cases, consular processing, J1 w



naturalization and humanitarian benefits. She is committed to providing the highest quality legal advice and treating her clients with respect and dignity.

Before joining GYH in May 2022, Sheryl ran her own solo practice for 15 years, working with individual clients and distinguished organizations like Oxfam International, Foreign Policy Magazine, and TED. Previously, she worked for Catholic Legal Immigration Network and JFON, and she served on the HIAS Public Policy Committee for ten years from 2009-19. She has also served on the Board of Directors for Multicultural Refugee Coalition in Austin, Texas; Teaching for Change in Washington, DC; and the United Nations Association of the National Capital Area.

Sheryl's career is consistent with her greater life purpose – to spark joy, cultivate curiosity, and model the possibility of living together in harmony. In addition to her legal work, she enjoys traveling and connecting people where they live to explore culture and identity, together, in the context of a changing world. This stems from a deep desire to facilitate the healthy integration of immigrants and refugees, wherever they land, and an even deeper desire to help cultivate communities that value and celebrate the uniqueness of all residents.

As a TED Resident, Sheryl spent three months at the TED office in New York incubating a migration themed project that has led her to collaborate with TEDx organizers and other community leaders around the world, building bridges and deepening relationships through personal story-sharing – including an epic journey in 2018, driving over 10,000 miles through 20 countries from Germany to Mongolia in a little car painted by graffiti artists along the way.

Education Admissions/Memberships Selected Presentations

TED Residency, July 2016, Immigrants keep America great

TEDxBeaconStreet, November 2016, Inspired People Inspire People - Ask an Immigrant

TEDxVail, January 2017, Welcoming the Stranger Inspires Hope

TEDxDanubia, May 2017, Building Bridges of Understanding

TEDxPorto, May 2023, Immigration is not the problem. Immigrants are actually a solution.